

POST SURGICAL INSTRUCTIONS

DAY OF SURGERY:

MEDICATIONS: After surgery, resume your regular over-the-counter products and prescribed medications you were taking before surgery.



EYE MEDICATIONS:

TODAY ONLY

1. Use **Combo Cataract Drop** three times a day
2. Use **Preservative Free Artificial Tears** as needed.

- Wait 5 minutes between drops to avoid washing the first drop out.
- Rest your eyes for 3 to 4 hours after surgery or take a nap
- After the anesthetic drops wear off you may experience one or all of the following:
 1. Foreign body sensation (i.e. the feeling of an eye lash in your eye)
 2. Mild burning and/or stinging.
 3. Tearing
 4. Light sensitivity

**These are normal sensations & will be gone after approximately 1 week **



FOLLOWING SURGERY:

EYE MEDICATIONS: 1. Use 1 drop of **Cataract Combo drop** three times a day for two weeks. Then two times a day for one week. Then once a day for one week. Then discontinue.

Pills: If needed for pain take 2 Tylenol tablets every 4 hours

DO NOT RUB OR SCRATCH YOUR EYES!!!





- Wear eye shield for 10 nights and when taking naps
- You may bathe as usual but keep shampoo and soap out of your eyes
- No heavy lifting for 2 weeks (lift nothing heavier than 20 lbs.)
- No dirty work for 2 weeks (i.e. no gardening)
- No eye make-up for 1 week
- Stay out of hot tubs or pools for 2 weeks; lakes, rivers and oceans for 4 weeks

If you experience any loss or blurred vision, pain, increased floaters, curtain over vision, or flashing lights, contact

Hollingshead Eye Center at: **(208) 336-8700**. If after hours press "0" for the operator and they will page a doctor for you.



Each circle represents one drop of medication

1ST WEEK	Day 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
 Cataract Combo	○○○	○○○	○○○	○○○	○○○	○○○	○○○
2nd WEEK	DAY 8	DAY 9	DAY 10	DAY 11	DAY 12	DAY 13	DAY 14
 Cataract Combo	○○○	○○○	○○○	○○○	○○○	○○○	○○○
3RD WEEK	DAY 15	DAY 16	DAY 17	DAY 18	DAY 19	DAY 20	DAY 21
 Cataract Combo	○○	○○	○○	○○	○○	○○	○○
4th WEEK	DAY 22	DAY 23	DAY 24	DAY 25	DAY 26	DAY 27	DAY 28
 Cataract Combo	○	○	○	○	○	○	○